

January Sibsession

Barber National Institute - Cafeteria 100 Barber Place, Erie, PA (Enter through gated parking lot on East 3rd Street)

> When: Saturday, January 15, 2022 Time: 11:00 a.m. – 2:00 p.m.

Join us for a variety of fun activities, crafts, games and a light lunch.

Make your reservation before January 14, 2022 for this free event by calling Diane in Family Support Services at 814-878-5961. Space is limited to 5 children due to social distancing protocol. If you have any questions, contact Shayla Andrews at 814-806-6408.

"Sib-Sessions" is a series of eight support group meetings for persons age 5 to their 16th birthday who have a brother or sister with an intellectual disability. Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and the development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time along with swimming as scheduled. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.

"Sponsored in part by the Erie County Dept. of Human Services"

